

5-7 pages

Planner:

List of sections

Intro: Lay out the problem or a question that your paper will engage and suggest some possible solution or conclusions to the problem.

PR: peer-reviewed

Words for intro

pharmacotherapy: resisting to drugs  
abstinence from cigarette  
E-liquid formula used to satisfy smokers  
From 1st two sources

Problem: Electric-Cigarette are being presented as a healthy and safer alternative tobacco cigarettes (TTC). On the otherhand, EC are not only bad for you, but worse than TTC. Main just problem should bc bigger

Peer-reviewed list

Pod mod vs. conventional e-cigarettes

Fourth gen doc

pharmacotherapy is not pr  
we need one more source

The Method section: Outline sources (both PR/published research)

Discuss their methods of inquiry, data collection, or relevant empirical procedures.

The Results section: Present Data/Analysis from your sources

The Discussion section: This will form a conclusion from

the result section, Answer questions posed in the Introduction

Conclusion: Sum everything

Method For Pod-mod vs. convention e-cigarettes

According to the manufacturers.

Diprototated, monoprototated, and unprototated are the 3 aqueous solution forms that nicotine takes on. For this method, they disregard diprototated because of its insignificance compared to the other 2 forms.

To calculate the potential hydrogen by using the equation  
$$K_b = \frac{[NiCH^+][OH^-]}{[NiC]}$$

The  $K_b$  represent <sup>base</sup> ~~base~~,  $NiCH^+$  represents monoprototated,  $NiC$  represents unprototated,  $OH^-$  represents hydroxide. ~~researchers get the amounts of nicotine as 148 mM in JUUL and 308 mM in Blu e-liquid. They've calculated 10.53 pH for Blu / 6.05 pH for JUUL~~

~~The E-liquid samples from electric cigarettes like JUUL and Blu e-liquids are diluted 1:10 with deionized  $H_2O$  (Shao and Friedman 2). From there, they used a pHmeter to measure the potential hydrogen.~~ → purchased from websites of JUUL / Blu

The difference between the calculated and measured pH for Blu e-liquid is that the measured result is 2 pH lower than the calculated results. With JUUL both results are closely related.

The researchers speculated that the pH of Blu e-liquid "may



results. With JUUL both results are closely related.  
 The researchers speculated that the pH of Blu e-liquid "may have been buffered with acids and other acidic components during the manufacturing process" (Shao and Friedman 2).  
 The final step is to find pH by <sup>using the</sup> ratio between the protonated and unprotonated nicotine. The equation is

$$pH = pK_a + \log\left(\frac{[NiO]}{[NiH^+]}\right)$$

Using this equation, for the Blu E-liquid, the pH = 8.26  
 and for JUUL pH is 6.0.

Method for "Role of e-Cigarettes and Pharmacotherapy (NRT) Nicotine replacement during Attempts to Quit Cigarette Smoking: The Path study 2013-16" *Dede* (I.Q.A) last quit Attempt

In the journal, "Title", an experiment was regulated to uncover if using ENDS would help a person resist smoking tobacco products/cig

The Discussion section: This will form a conclusion from the result section, Answer questions posed in the Introduction

Self, How vaping changes  $TePO_2$  and  $PO_2$  significantly impacts breathing

little info

Send Pro.  
 the biblog  
 screen

therapy (PSM) propensity score matching

f  
ography  
line

'breathery'  
inflammation

BLU-E liquid mostly affects cardiovascular, which can make the blood pressure and your adrenaline get higher. This can cause the heart rate to raise up. There making a chance of having a heart-attack higher. Also affects the nervous system, which causes to hinder the brain development like memory, learning, focusing, self-control, awareness, and mood.

E-Cigarettes does not make a with the addiction of tobacco cigarettes. Making the purpose of inventing futile.

1, +1 e .m v  
JUUL affects  
lung, inflammation  
→ cancer  
v k

silence

Pod vs. Blue  
" Thus, JUUL e-c could potentially pronounced toxic effects on lungs, including lung promotion, than conventional e-cigarettes such as (Shuo / Fred

Time

Cigarettes  
produce more  
effects in the  
lung cancer  
conventional  
as BLU."

urray 3 )